

Weekly Discipleship Plan (Week of July 26 - August 1, 2026)

Catechism Question: (5/5)

Children's Catechism

Q. 37. What does every sin deserve?

A. The wrath and curse of God.

Q. 38. Can any one go to heaven with this sinful nature?

A. No; our hearts must be changed before we can be fit for heaven.

Shorter Catechism

Q46. What does the first commandment require?

A: The first commandment requires us to know and recognize God as the only true God and our God, and to worship and glorify Him accordingly.

Q47. What does the first commandment forbid?

A: The first commandment forbids denying God or not worshipping and glorifying Him as the true God and our God. It also forbids giving worship and glory, which He alone deserves, to anyone or anything else.

Scripture Memory

Deut. 6:4_“Hear, O Israel: The LORD our God, the LORD is one. 6:5 You shall love the LORD your God with all your heart and with all your soul and with all your might._6:6 And these words that I command you today shall be on your heart. 6:7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

DAILY DEVOTIONS

Day 1 (Sunday July 26)

Reading: Psalm 70 - 72

Questions:

- Name a time you prayed God be hasty to deliver you. (v. 1, 5. Be as specific as possible.) What result does David want? (V. 4) Will you commit to access this divine resource in the future?
- What is the connection btwn God's rescue & deliverance (Ps 71) & God's justice (Ps. 72?)

Prayer for: The Great Commission to be fulfilled

Day 2 - Monday

Reading: Psalm 73 – 76

Questions:

- Explain how both statement in Psalm 73:1 are true.
- Reconcile Psalm 74: 1-2 and Psalm 73:1.
- When / how / what rouses God's anger? (Psalm 76:7 – 9)

Prayer for: Matt 6 – For God to remind us to forgive others, as He forgave us

Day 3 - Tuesday

Reading: Psalm 77 – 78

Questions:

- Can you relate any of Psalm 77 to any event(s) in your life?
- How does Psalm 78 relate to parents and their children in corporate worship?

Prayer for: Eph 6: 6 – that we do obey all God’s will from our hearts, and not for man’s praise.

Day 4 - Wednesday

Reading: Psalm 79 – 80

Questions:

- Can you relate Psalm 79 to a time period in Israel’s history? Does this make God unfaithful? Why / why not?
- How does the Psalmist use events from Israel’s past in this prayer-Psalm?

Prayer for: For 2 un-churched people you know (by name)

Day 5 - Thursday

Reading: Psalm 81 – 85

Questions:

- What rationale does Psalm 81: 9-10 use for the prohibition against worshipping false gods?
- How does Psalm 82 describe the wicked?
- What “silence(s) of God” does the Psalmist object to in Psalm 83?
- What is the Psalmist longing for in Psalm 84? Have you ever experienced that?
- Compare and contrast Ps 85:5 and 85:9-10.

Prayer for: II Cor 1:7 – That as we share in suffering for Christ, we also receive His comfort

Day 6 - Friday

Reading: Psalm 86 – 88

Questions:

- How does David describe himself in his prayer in Psalm 86? How can any Christian make such claims?
- How does the Psalmist describe himself in Psalm 88?

Prayer for: Micah 6: 8 – To do what is just, to love what is kind, and walk humbly with God.

Day 7 - Saturday

Reading: Psalm 89 – 91

Questions:

- Discuss Psalm 89:1. How does that work with Psalm 89:5?
- Discuss: “The historical setting (of Psalm 90) is probably best understood by the incidents recorded in Numbers 20: (1) the death of Miriam, Moses’ sister; (2) the sin of Moses in striking the rock in the wilderness, which kept him from entering the Promised Land; and (3) the death of Aaron, Moses’ brother.” (James Montgomery Boice)
- What are your favorite verses from Psalm 91?

Prayer for: Phil 4: 6 – 7 To make request of God for every situation, rather than to be anxious about circumstances.