

## Weekly Discipleship Plan (Week of Aug 9 – 15, 2026 )

### Catechism Question: (2/6)

#### The Children's Catechism

Q. 39. What is a change of heart called?

A. Regeneration.

Q. 40. Who can change a sinner's heart?

A. The Holy Spirit alone.

#### The Shorter Catechism

Q. 48. What are we especially taught by these words, "before me," in the first commandment?

A. These words, "before me," in the first commandment teach us that God, who sees all things, takes notice of and is very displeased with the sin of having any other god.

#### Scripture Memory

Psa. 139:1 O LORD, you have searched me and known me! 2 You know when I sit down and when I rise up; you discern my thoughts from afar 6 Such knowledge is too wonderful for me; it is high; I cannot attain it. 7 Where shall I go from your Spirit? Or where shall I flee from your presence? 12 Even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you. 13 You formed my inward parts; you knitted me together in my mother's womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

### DAILY DEVOTIONS

#### Day 1 (Sunday April 26 ) - Sabbath

##### Day 2 - Monday

Reading: Psalm 119

Questions:

- What is used to define how the 8-verse sections broken up? (Aleph, beth, etc)
- What are the various synonyms the psalmist uses for God's "word?"
- What are some of the resolutions the writer makes regarding God's Word?

Prayer for: 1 Pet 4:2 – that we no longer love to fulfil the desires of the flesh, but rather to do God's will.

##### Day 3 - Tuesday

Reading: Psalm 120-126

Questions:

- Ps 120 – 126 are titled "Song of Ascents" referring to walking up the Temple Mount to the Lord's house. How does that shape your thinking about them / application of them?
- Give a 1- sentence summary of each psalm.

Prayer for: Matt 6: 33 To seek God's kingdom above all else, and wait on Him for everything else.

#### **Day 4 - Wednesday**

Reading: Psalm 127 – 135

Questions:

- Explain Psalm 127:1 in your own words.
- What blessings are named in Psalm 128 for those who “fear the Lord / walk in His ways”?
- Describe a time you have “waited on the Lord?” (Psalm 130)
- Connect Psalm 130 and 131, logically.

Prayer for: For the effectiveness of Bethel’s ministries

#### **Day 5 - Thursday**

Reading: Psalm 136 - 139

Questions:

- What is the meaning of God’s “steadfast love endures forever?” (Ps 136) How does it relate to our salvation?
- Why was Israel in Babylon? (Ps 137:1) How does that idea explain the rest of the Psalm?
- What is it to give thanks to God “with our whole heart”? (Ps 138:1) Why would David do this right in front of other gods?
- Discuss the “Scripture Memory” passage for this month.

Prayer for: Isa 26:3 – God keep our minds focused on Him, and give us His peace.

#### **Day 6 - Friday**

Reading: Psalm 140 - 143

Questions:

- Who were some of the “evil / violent / wicked” men from whom David asked God to deliver him ?
- Discuss Ps 141: 1,3.
- Connect Psalm 143: 4 and 5, logically.

Prayer for: Matt 6 – That God’s kingdom come, beginning with His will being done on earth, more and more

#### **Day 7 - Saturday**

Reading: Psalm 144 - 148

Questions:

- What is the war we for which we should be training? ( Ps. 144)
- How would Ps 145 - 146 be useful when life is hard, and serving God is difficult?
- With no mouth or lips, how do the heavens / sun / moon / stars and all creation praise God?

Prayer for: Matt 16:18 – For Christ to build His church, and the evil in this world not prevail against the church.