

Weekly Discipleship Plan (Week of Aug 16 – 22, 2026)

Catechism Question: (3/6)

The Children's Catechism

Q. 39. What is a change of heart called?

A. Regeneration.

Q. 40. Who can change a sinner's heart?

A. The Holy Spirit alone.

The Shorter Catechism

Q. 48. What are we especially taught by these words, "before me," in the first commandment?

A. These words, "before me," in the first commandment teach us that God, who sees all things, takes notice of and is very displeased with the sin of having any other god.

Scripture Memory

Psa. 139:1 O LORD, you have searched me and known me! 2 You know when I sit down and when I rise up; you discern my thoughts from afar 6 Such knowledge is too wonderful for me; it is high; I cannot attain it. 7 Where shall I go from your Spirit? Or where shall I flee from your presence? 12 Even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you. 13 You formed my inward parts; you knitted me together in my mother's womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

DAILY DEVOTIONS

Day 1 (Sunday Aug 16)

Reading: Ps 149 – 150, Prov 1 - 2

Questions:

- In Ps 149-150, what are some things for which we should praise God?
- In Prov 1: 1-4, what are some named reasons Solomon wrote / assembled the book? (Ch. 22 – 31 have other named authors)
- With what term of endearment does Solomon address his reader(s)?

Prayer for: To be faithful managers of our time, talents, and treasure

Day 2 - Monday

Reading: Prov 3 - 4

Questions:

- How would you describe the organization / subject matter of the book, thus far?
- What are some practical applications of Prov 3: 5-6?
- What does Solomon say about "wisdom" in ch. 4? What other verses stand out to you in ch. 3-4?

Prayer for: Rom 12: 2 – to not be conformed to this world, but that Christ's renewal of our minds change us

Day 3 - Tuesday

Reading: Prov 5 – 7

Questions:

- In ch. 5, what is Solomon's counsel about the "forbidden woman?"
- In ch. 6, what does Solomon say we can learn from an ant? What are Solomon's warnings about adultery?
- What does 7: 1-4 say about how we respond to his words of wisdom?

Prayer for: 1 Pet 4: 19 To entrust ourselves to a faithful Creator, as we do only what is good.

Day 4 - Wednesday

Reading: Prov 8 - 9

Questions:

- In ch. 8, what does Solomon say are to be preferred above silver & gold (money / wealth) ?
- What does the fear of the Lord make us do? (Ch. 8)
- What is the starting point for getting wisdom? (Ch. 9)

Prayer for: Ps 37:4 To delight ourselves in the Lord, and that He instruct our hearts in what we should desire.

Day 5 - Thursday

Reading: Prov 10 - 11

Questions:

- In ch. 10, how does Solomon use the conjunction "but"?
- In 10:27, what does the fear of the Lord do?
- From 11:2, discuss Solomon's teaching about pride vs. wisdom. Compare it with 16:18.

Prayer for: For the church planting movement here, and in Mexico.

Day 6 - Friday

Reading: Prov 12-14

Questions:

- Discuss the practical wisdom of 12: 10 -11
- What does 13:21 mean when it says "disaster pursues sinners" (ESV)?
- What 3 things does ch. 14 say about fearing God?

Prayer for: Matt 6 – That God supply our daily physical and spiritual needs

Day 7 - Saturday

Reading: Prov 15 - 16

Questions:

- What are some practical uses / applications of 15:1?
- What does ch. 15 and 16 say about the fear of the Lord?
- What is the meaning / application of 16:3? Does it mean God will bless everything we do?

Prayer for: Eph 3: 10 – for God's wisdom be shown to all, through His church